



questions

Medical Visit Planner

Sample questions to ask your provider to help you understand your diagnosis and treatment.

- What is the goal of my treatment?

- What is the best way to treat my stage and type of cancer?

- How successful can I expect this treatment to be?

- Are there other treatment options? If yes, what are they?

- Why have you chosen this treatment plan for my cancer?

- If I choose not to have this treatment, what will happen?

- How will I feel during treatment?



questions

- Are there any medications I can take to manage side effects? When do I take them?

- How long will my treatment last?

- What kinds of changes in my daily life will I have to make while I'm going through these treatments?

- Will I be able to continue to work or take care of my other responsibilities?

- How will you know that the treatment is working?

- What side effects should I expect?

- What can I do before starting treatment to help prevent side effects?

- What can I do during treatment to help prevent side effects?

- If pain is involved, how can I prevent or relieve it?



questions

- What side effects should I report to you right away if they occur?

- Are there changes I should make to my diet? Can I drink alcohol?

- Will the treatment make me lose my hair? If so, will it grow back?

- Is there a chance that, once treated, the cancer will come back? How will I know if it does?

- How often, and for how long, will I have to see a doctor for follow-up visits?

- Is a person living with cancer, are there services I can find in the hospital and the community (ie, counseling, support groups, educational meetings, etc)?

- If I need emotional or professional support, can you provide me with a list of therapists or support groups?

- What will the treatment cost? If I have trouble paying, can I get help?
